Greetings from the President – Patsy Garrett
Volunteering: No Mountain Too High; No Challenge Too Great!

As I begin my last article in the Connection as President of VAHAV, it makes me wonder, “Where has the year gone?” Have you noticed the older we get the faster the year goes by? I traveled many miles this year, visiting many of your healthcare facilities and attending all District Meetings. I must say I loved every minute of it. I met so many new friends and visited with so many I have met over the years.

I hope we can all continue to volunteer for many more years. The care and enthusiasm volunteers bring to the hospitals make each patient and their family’s experience very pleasant. From the minute they enter the lobby and are greeted by a smiling, professional, and helpful volunteer until they are discharged.

FOUR THINGS YOU CAN’T RECOVER IN LIFE

1) A WORD after it is said
2) An OPPORTUNITY after it is missed
3) The TIME after it is gone
4) TRUST after it is lost

That is why as volunteers we should always be at our best. Smiles are free. Introduce yourself to people, and always remember to say thank you. Each day is a new beginning, a chance to change your life and positively impact others. Volunteers rock and brighten the day for many. Make the most of it.

The key to our success in healthcare facilities rest on volunteers like you who embody the spirit of greatness by saying, “Yes, I can.”

If you are able to attend the conference in Roanoke this year, I hope you will take away many new ideas and suggestions to your healthcare facilities. Diane Glasgow has put in many long hours to make this educational, informative, and fun. Many new things were tried. If you enjoy the Conference, please let me know. If not, let me know that also. My email – president@vahav.org.

Always remember:

Volunteering: No Mountain Too High; No Challenge Too Great!

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Message from Past President/Nominating Chair – Debbie Sammler

On Aug. 8, the VAHAV Board approved the nomination of the following slate of officers to be presented for a vote by the General Membership at the Annual Business Meeting being held during the 2017 Annual Educational Conference at the Hotel Roanoke on Oct. 10.

Per the Bylaws, Article IV, Section 2, each member organization attending the Conference shall be entitled to two voting delegates who should be appointed and notified prior to attending the Conference.

The proposed slate of officers for October 2017 to October 2018 are:

President: Diane Glasgow, Capital District
President-Elect: Harry Russell, Northern District
Treasurer: Barney Barnwell, Northern District
Recording Secretary: Carolyn Johnson, Southwest District
Conference Chair: vacant at this writing

As you can see, we are in desperate need of a Conference Chair. If you would like to be nominated for this position, please contact me, and I will add your name to our proposed slate. You can contact me by going to our website, www.vahav.org, and clicking on the icon at the bottom right-hand side of the page that says Contact a Board Member.

Gift Shops Report – Jimmi S. Barnwell, Gift Shop Chair

You are cordially invited to attend the Gift Shop Workshop at the VAHAV Education Conference
Hotel Roanoke, Roanoke, Va.

Tuesday, October 10

10:00 a.m. and 11:00 a.m.

Presenters: Jimmi Barnwell, Sharon Henry, and Erma Ryan

Lots of information will be exchanged, with new ideas given
New friends and contacts

Emblems – Sharon S. Younger, Chair

Fall is in the air. Leaves are beginning to cover the ground, and cooler temperatures are already upon us.

Are you planning to attend the VAHAV Annual Educational Conference Oct. 9-11? Do you need to purchase VAHAV Emblems, Pins, or Charms? If so, consider this:

As your VAHAV Emblems Chair, I have in the current inventory VAHAV pins, charms (which can be attached to a necklace or bracelet), emblems (patches to display on your jackets, tunics, or vests), and decals (to display on your vehicles, bags, or notebooks). Emblems are $3.00; pins, $8.00; charms, $10.00; and VAHAV decals, $1.50 each.
These items will be on display and available to purchase during the Educational Conference in Roanoke, Va.

Take care, be safe in your travels to Roanoke, and I’ll see you in October!

**Anne Lewis Leadership Development Fund – Bettie Moores, Chair**

The Anne Lewis Leadership Development Committee received a record number of requests for grants this year. This was surprising because there were many years when no requests were made.

After careful deliberation, the committee decided to award the grants to the auxiliaries of the John Randolph Medical Center in the Capital District and the Mountain View Regional Medical Center in the Southwest District. Consideration was given for applicants who had never attended a conference and who were from small auxiliaries with fewer than 100 volunteers.

In addition to the full awards, the committee decided to pay the registration fee for two first-time presidents. The committee members hope that the presidents will network with other attendees at the conference to gain tips about areas of concern.

In addition to the workshops, networking might be helpful to all volunteers. You never know who has ideas about numerous subjects such as when is a good time to express an opinion, get help on a project, or address another area of concern.

Whatever reason you attend a conference, we hope you enjoy it and have fun. We hope to see you there.

**Hospital Auxiliary News**

**Northern District**

While sitting at my desk still in my summer shorts, I do remember that fall is here and the 2017 VAHAV October Education Conference at the Hotel Roanoke on Oct. 9-11 is fast approaching.

Before you head to the Conference, you may want to visit the VAHAV website – [www.vahav.org](http://www.vahav.org), and look at the information posted. For example, I was recently emailed a question of where to find the results of the volunteer surveys conducted each summer. This is not a “Hide and Seek” game, but the information is FOUND under the top menu option MEMBERSHIP INFO under the subchoice VIEW SURVEY DATA.
The aggregated 2016 survey reports will be replaced with those from the 2017 survey data after being reported at the 2017 October Conference. Copies of the 2017 survey will also be placed in the Conference Registration Packets for close scrutiny.

Over the calendar year, dues are collected, membership surveys are aggregated, and other events related to the VAHAV mission are performed such as election of new officers. And so - this is my last Connection article as the VAHAV Northern District Chair. I thank all our 14 volunteer organizations for being so supportive of VAHAV over the past two years and helping me keep you up to date on happenings in the Northern District.

I have promised not to break a secret or give you any hints - so you must come to the Northern District Meeting at the Conference on Monday at 1:30 p.m. to elect and applaud your new Northern District Chair.

AND while there - also remember to shake the hands of Jim Dunlop (Inova Fairfax Medical Campus Auxiliary) as Vice-District Chair and Deb Huckeba (Shenandoah Memorial Hospital Auxiliary) as District Recording Secretary, both of whom were previously elected at the 2017 Spring Northern District meeting.

Not saying good-bye, though, I will remain on the VAHAV Board as the Legislative Chair. You will be hearing from me occasionally through your Auxiliary's Legislative Chair, if you have one on the VAHAV roster, or your Auxiliary President.
So, come shake my hand and also that of your new District Chair at the VAHAV Education Conference. Till then, enjoy life!

* Both clip art images free from http://worldartme.com

Submitted by Bill Foster, Northern District Chair

Inova Fair Oaks Hospital

After a summer hiatus, the Inova Fair Oaks Hospital Auxiliary is gearing up for a busy fall and winter. Several of our members will be attending the 2017 Annual Education Conference being held at Hotel Roanoke. Erma Ryan, our retail manager, will be assisting with the Gift Shop Workshop, and Debbie Sammler, our Auxiliary President and Past President of the VAHAV, will be conducting the Fun Fundraising roundtable. Speaking of fundraising, we will be having our Uniform/Shoe Sale on Sept. 27-28 and our Handbag/Luggage sale on Oct. 24-25. Our last fundraiser for 2017 will be our Masquerade Sale on Dec. 18-19. Our staff really enjoys this sale so they can stock up on stocking stuffers.

Our Teddy Bear and Patient Comfort Project has been in existence since 1991. We are grateful to have several organizations in the Northern District area, as well as many of our volunteers, who continually make teddy bears, surgical dolls, neck pillows, baby caps and blankets, chemo caps, prayer squares, and activity lap blankets, which is our newest project. Each new baby is given a baby cap when leaving the hospital, and the teddy bears are distributed in several areas of the hospital to comfort patients or children waiting or visiting loved ones. Since its inception, we have received over 91,765 teddy bears. We will be having a Teddy Bear Tea on Nov. 3 at which time we invite all these donating organizations to come to the hospital to enjoy a lunch as our way of thanking them for their continued support of our Teddy Bear and Patient Comfort Project.

In 2016, our Auxiliary established the “Inova Fair Oaks Hospital Auxiliary Arts and Integrative Healing Fund,” which enabled Life With Cancer to develop Art Therapy programs, Healing Touch, Reiki,
and Nutrition and Physical Wellness and Education Classes on the Fair Oaks campus. The Auxiliary Board just approved another $25,000 donation to continue our support of this fund.

We will be having our Annual Fall Luncheon on Oct. 16 at which time we will approve proposed revisions to our bylaws as well as installing our 2018 Auxiliary Executive Committee board members.

Submitted by Debbie Sammler, IFOH Auxiliary President

Inova Fairfax Medical Campus

Members of the Executive Board of the Auxiliary of Inova Fairfax Medical Campus have been working on revising the bylaws and the structure of the board. The board is getting ready to review 31 applications seeking a total of $480,956.51 in grants to the hospital, which will be awarded in 2018.

Over the summer, high school students filled the volunteer ranks and added a lot of energy and muscle to the gift shops and patient support. Instead of having one session for the students and working one four-hour shift a week, the students had two sessions working three four-hour shifts a week. This way more students were transitioned through the program. Training sessions for new volunteers are ongoing.

The 23rd Annual Pediatric Golf Tournament was held on Wednesday, Sept. 6, at Westfields Golf Club in Clifton, Va. The Auxiliary sponsors this event with a $50,000 donation, which benefits Inova Children’s Hospital. A number of board members will be attending the VAHAV Conference in October. The Auxiliary has helped sponsor this event with a $1,000 donation, gift cards, candy bars, and Thrift Shop donations. The Auxiliary Fall Education meeting will be held at the Park View Marriott on Saturday morning, Nov. 4.

Submitted by Judy Shapleigh, Publications Chair

The Ladies Board of Inova Loudoun Hospital

* National Thrift Shop Day was Aug. 17, and our Twice Is Nice boutique was ready with 50 percent discounts on everything! Hazel Safell, co-chair of the shop, announced that sales exceeded $2,000 in one day! Customers browsed, enjoying the bargains and registering for the many raffle prizes. The lucky raffle winners were thrilled with brand-new items: a Vera Bradley bag, an over-counter grill, and a “Rocket” juicer. Many volunteers were involved in planning and helping with the event throughout the day. Hazel Safell happily described this as a “rip roaring success!” Twice Is Nice also reported the most successful fiscal year in its 26-year history, with the total income over $255,000! More volunteers have become involved, an asset to the increasing business at the shop.
* A check for $144,038 from The Ladies Board was presented to the Inova Loudoun Hospital Foundation in June to fund nine Greatest Impact requests that will continue to support quality patient services. The financial grants included funding the purchase of equipment items to promote cardiac training, wound healing, and mobility.

* Inova Loudoun Hospital has recently received designation as a Level III Trauma Center, qualifying our local provider to expand emergency treatment services and decreasing the need for transfer of critically injured patients. Dr. Jordan Estroff, the new Trauma Medical Director, was the guest speaker at our June meeting.

* In the 2016-17 annual report, President Alexia Orr noted that The Ladies Board has welcomed nine new members: Margaret Flannery, Joylyn Hannahs, Annie Tyler Hewatt, Sharon Jones, Lynn Mauer, Darby Nelson-Folk, Patti Sinnen, Shirley Welsh, and Elizabeth Hoos. These talented and energetic ladies have already made many contributions to our organization, which now totals 81 active members!

* We are busy with preparations for the 79th Annual Ladies Board Rummage Sale on Saturday and Sunday, Oct. 14-15, at Morven Park Equestrian Center in Leesburg. Visitors come from great distance, so perhaps some readers of the Connection will join us to check out these bargains. The Silent Auction will feature many treasures, including golf outings and hotel packages. Thanks to the generosity of our Loudoun neighbors, donations of everything from antiques and art to jewelry and sports equipment are arriving. Admission and parking are free. “Early Bird” tickets are available, however, for shoppers who wish to be the first in line on Saturday, Oct. 14, from 8 to 9 a.m. Rest assured, many good deals will be available throughout the weekend.

* Visitors to the hospital site at Lansdowne continue to see signs of expansion. Our new parking garage has recently opened, although the valet service remains very popular. Groundbreaking for the Inova Loudoun Hospital Patient Tower, a seven-story unit, will occur on Sept. 14. While our main hospital campus is undergoing many changes, the Gift Shop is thriving with an extensive inventory, seasonal sales, and happy customers.

* In one of those any-day-now notes, our Public Relations Committee is eagerly awaiting the official update of our aging 2003 website that will include e-commerce. Our technology achievements have now expanded to Facebook, Twitter, and Instagram (#annualrummagesale).

* Our new CEO, Deborah Addo, has been so busy and involved that she is already an impressive presence at our hospital. As we learn more about her extensive background of experience that includes mission trips to Jamaica, we appreciate her devotion to quality healthcare. As she says, “I won’t be satisfied with the status quo, ever.” Mrs. Addo has taken time to become acquainted with The Ladies Board, and we value her tribute: “In every organization there are special groups that never seek the limelight but go about their day simply helping to fulfill the mission. One of those groups here at Inova Loudoun is The Ladies Board. They actively seek ways to close the gaps in both service and funding, and we are so much better because of their commitment to this organization.”
To close with a lighthearted note about our former CEO, H. Patrick Walters, we understand that he is enjoying retirement. However, a recent local newspaper interview revealed that there are “key roles” for him at our October Rummage Sale. In addition, it was reported that “he gleefully shares that he is one of a very small group of men to be named an honorary member of The Ladies Board.” Our best to Patrick Walters!

For more information about The Ladies Board, visit ladiesboard.org.

Submitted by Gerri Hill

Mary Washington Hospital Auxiliary

The Auxiliary has had an interesting year with some changes and much progress. The Auxiliary Board continued its usual spring projects, and the Volunteer Luncheon in April was a great pleasure and surprise! Our Volunteer director took us to a local restaurant for a lovely lunch enjoyed by all. Later, we honored our doctors and nurses on their respective days.

During the past year, the hospital administration has authorized updates and renovations to many areas, which have benefited our patients and personnel. A new building constructed near our ER department will give overnight accommodation to emergency patients who do not need a lengthy hospital stay. This eases the burden on the hospital as well as provides a few hours of treatment and observation before a patient is discharged. This area will have about 30 beds, bringing the total hospital bed numbers to almost 450.

In late winter, the decision was made by the administration to close the Hospital Thrift Store. Due to the location, profits were extremely low, and moving to a new location was not an option at this time. So the store closed May 31, and volunteers at the shop opted to serve at the main hospital.

To raise additional funds, the Auxiliary Board decided to sponsor a Taste of Fredericksburg Gift basket with profits to benefit the Cancer Center. Appropriately, a local woman won the basket and related the fact that her sister is a breast cancer survivor, so this basket was appreciated. Its value was over $600 in donations from local businesses and restaurants, and the event raised over $4,000. We are currently exploring another fundraiser with some items in place and plans in formation.

Tree of Lights (TOL) is our next fundraiser with letters in the mail to previous and new donors. This year we hope to exceed our receipts from the 2016 TOL of $5,000. Judy Turner successfully authored the Gift Basket drawing and will manage the Tree of Lights. As an event planner in her past career, Judy Turner adds valued direction and help.
To date – with hard work and devotion – we have reduced our second $2,000,000 pledge to the Cancer Center on our campus to a little over $500,000 remaining. Kudos to all who have supported the hospital, the Auxiliary, and our projects. The September meeting of the Auxiliary was held at Snowden House, the offices of the Mary Washington Foundation, with lunch sponsored and served by our administrators! Elections also took place at that meeting. Another Auxiliary year will begin on Jan. 1. We wish our outgoing and incoming boards all the best in the new term. Some members will remain on the ballot, and new Auxiliaries have decided to run for board office. Change is good, and brings progress. This has been another year of finding there is no mountain too high and no challenge too great when we serve.

Submitted by Rochelle Grey, President

Inova Mount Vernon Hospital

In May 2017, Inova Mount Vernon Hospital hosted an Employee and Volunteer Appreciation Picnic on the second floor patio outside the cafeteria. The weather was perfect, facilitating a large turnout. A group of four volunteers welcomed two Recovery Room nurses to join them for a happy photograph, as shown below.

Shenandoah Memorial Hospital

Shenandoah Memorial Hospital has built a new Emergency Department and is continuing updates and positive changes. Its changes mean changes for the Auxiliary. We now have a Director of Volunteers, Melissa Boies, that Warren Memorial Hospital shares with us. She has been very helpful while we are navigating the changes. She and I were honored to be a part of the panelists during the Northern District
Spring Meeting.

With the new addition, the hospital provided us with a new gift shop. Our gift shop is a little over a year old and is a great addition to our community. With our energetic gift shop manager, George Brinkley, and his amazing staff of volunteers, we are a top selling shop that meets the needs of our hospital and community. With our funds, we have been able to fulfill funding requests to enrich our patient experiences.

We awarded $4,000 in scholarships, including our first Volunteer-teen scholarship to a well-deserving student. We look forward to being able to continue to serve our hospital and community with resources to provide for the welfare of all.

We have been focusing on increasing positive patient experiences and that has included providing patient kits. The SMH board approved monies to begin putting together the kits, which some of the Volunteers and Volun- Teens have assembled. There are three types of bags that are colored-coded: KIDS: coloring book and crayons; SWING BED: pencil, crossword puzzle; medication list packet; and a back scratcher; CARE GIVER: bag of tea, pen, notebook, and a stress relief tip book. Four fidget blankets were purchased for use by patients with limited IQ, dementia, etc., to assist with keeping them occupied and calm. These blankets will be evaluated by the staff and suggestions for improvement given. We are excited to provide these items for a more positive patient and family experience at Shenandoah Memorial Hospital.

Submitted by Carol Henry, Auxiliary President

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**Capital District**

**Southern Virginia Regional Medical Center**

The Auxiliary volunteers have been hard at work here in Emporia, Va. Even through the warm summer, we kept on with our volunteering.

Scholarships were awarded to 12 deserving high school and college students and also to three of our hospital employees who are beginning or furthering their education in a healthcare field for a total of 15. We are so proud of all these young men and women. We’re also so very thankful for the bequest left as a memorial to one of our past loyal and dedicated members. The Mattie Hughes Watson Memorial Scholarship was established in 1995 and continues today to help those who are extending their education.

The Auxiliary was recognized at a luncheon on April 28 by the Southern Virginia Regional Medical Center in appreciation for the work we do. The food was delicious. Everyone had a great time of fellowship. Each attendee was honored with a small token of appreciation. At this time, we also had our annual orientation packets to complete.
During National Hospital Week, the Auxiliary presented the hospital with a picnic table that was placed on the patio behind the cafeteria for employees to enjoy the fresh air while taking a break and having lunch. They were very excited and thankful for this addition.

Flowers and cards were presented to the nursing staff during Nurses’ Week. Patsy Kenan, our Hospitality Chairman, presented them to each location. Gifts had been presented to our doctors on their day. Jean Newsome and Brenda Wyatt, two of our Auxiliary volunteers, are shown preparing the doctors’ gifts.

Contributions were made to our local community by donations to the Emporia Fire Dept., Jarratt Fire Dept., and Greensville Volunteer Rescue Squad. More teddy bears were given to the Emergency Dept. and Behavioral Health Dept. These are such a help when needed and are an ongoing project. We had an In the Bag sale, which was a big success. Next came a Masquerade Jewelry sale, which brings in thrifty customers looking for a great bargain.

Our Auxiliary is staying busy. We are sharing and climbing mountains daily to help those along the way. Always remembering:

Volunteering: No Mountain Too High, No Challenge Too Great

Submitted by Dot Woodruff, Gift Shop Buyer/Secretary
Hampton Roads District

My name is Debbie Sammler, and I am presently filling in as Hampton Roads District Chair for the VAHAV. Even though I live in Northern Virginia, I do have a vacation house on the Eastern Shore of Virginia (Cape Charles), which has prompted our president to ask me to fill in as Hampton Roads District Chair. This past year has been somewhat of a transition year not having a Hampton Roads District Chair, but I believe our VAHAV President, Patsy Garrett, has tried to keep you informed as to important items that your auxiliaries and volunteers should be aware of.

I would love to have the opportunity to come visit as many hospitals as I can in the Hampton Roads District to personally introduce myself or to answer any questions your Auxiliary may have with regards to the VAHAV. So if you are having a monthly meeting or need someone to install your officers, please let me know. You may contact me via the VAHAV website www.vahav.org and click on Contact a Board Member on the bottom right. Please take a few minutes to look over this website as it is a great tool only if you know how to access the information on this site. Sometimes mail gets lost or misplaced when sent directly to the hospitals, so look for pertinent information on the website prior to your Auxiliary Board meetings so you can share with your members.

Here are some highlights that you should know:

1. **ANNUAL SPRING DISTRICT MEETING:**
   Every spring, each district sponsors a district meeting where all the hospitals in that particular district meet in a central location. I am looking for a hospital to volunteer to host the 2018 Hampton Roads District meeting. You can host any time in the months of April, May, or June. We will also be having a Hampton Roads District meeting at the Conference in October at which time I will be trying to recruit a host.

2. **2017 ANNUAL EDUCATIONAL CONFERENCE:**
   Have you received the Registration Packet for our 2017 Annual Educational Conference? If not, you can get a copy on the website. Just go to the left-hand side of the page and click on 2017 Conference, which is being held Oct. 9–11 at Hotel Roanoke. We have listened to your feedback saying there is too much downtime, so on Monday morning we will be having a few interactive roundtables like scarf tying and bracelet making. In addition, on Tuesday afternoon, we will be having a Thrift Shop sale. That’s right! Come see what great buys you can get at thrift shop prices. Be sure to call the hotel directly to make your room reservations. Please read over the packet in its entirety and note that we are asking each hospital to bring their scrapbook or trifold and a door prize. Also note that the 2018 Annual Conference is being held Oct. 8–10 in Richmond.

3. **THE CONNECTION (VAHAV Newsletter):**
   This is our quarterly newsletter that highlights VAHAV news as well as bragging rights for your hospital. Please consider writing an article for our next newsletter.

4. **HAMPTON ROADS DISTRICT FALL MEETING:**
   This will be held at the Conference on Monday, Oct. 9, at 1:45 p.m. Please plan on attending.

5. **ANNUAL SURVEY:**
The 2017 Annual Survey was due Aug. 31. Again, if you missed the deadline, go on the website and submit your survey so your contributions will be incorporated into the yearly survey reports. This data is important as it is used to calculate the amount of dues your hospital will be billed for the following year.

Submitted by Debbie Sammler, Hampton Roads District Chair

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Piedmont District

Centra Lynchburg General Hospital

At Centra Lynchburg General Hospital, our 1,200-square-foot Gift Shop is owned and operated by the LGH Auxiliary. All proceeds from the Gift Shop and fundraisers are donated back to Centra for patient services and equipment.

Recently at our June board meeting, the Auxiliary pledged to purchase a transport bus to move patients and their caregivers from the Farmville – Gretna area to the Pearson Cancer Center for treatment.

We have been very busy this summer with many familiar fundraisers. We are looking forward to Nov. 21-22 as Dillard’s will be at Lynchburg General. We have never had this company before and are excited to see how well Dillard’s will be received. One of the fun things we have done this summer was have the Sweet Frog Yogurt come twice a month in June, July, and August. For $5, you get a cup with several choices of toppings, syrups, and whipped cream. BIG SUCCESS. I personally hope they are scheduled for the fall also.

As many of you, we are busy making plans to attend the VAHAV Annual Conference. Looking forward to seeing old friends, meeting new ones, and learning some new things to bring back to Lynchburg General for our Auxiliary to try.

Volunteers are the first people most patients see when they arrive at the hospital and the last as they are discharged. We should always smile, be kind, courteous, and helpful.

Submitted by Patsy Garrett, Recording Secretary, Centra LGH

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Danville Regional Medical Center and Memorial Hospital

Danville Regional Medical Center and Memorial Hospital (Martinsville) will now be operating as a regional healthcare delivery system Sovah Health. This organizational change will allow the hospitals to realize significant benefits, including: enhanced access to quality healthcare services across the region; expanded continuum of care and improved coordination of healthcare providers in the region; shared resources and capabilities to provide scale and improved operational effectiveness; increased resources and
opportunities for professional growth and collaboration for medical and support staff; and continued financial viability and success in the future, despite uncertainty in national healthcare.

Danville Regional Medical Center Auxiliary is in the process of changing our name to Sovah Health Danville Auxiliary. We will notify VAHAV once the change is complete.

On June 11, the Auxiliary provided eight scholarships for Danville Regional Medical Center employees and volunteers and their immediate families who are studying in a medical field. Our scholarships are managed by the Community Foundation of the Dan River Region. This year recipients were Hao Da, Hannah Dewberry, Tiara Hairston, Chrisha Llana, Elizabeth McBride, Brianna Ryan, Hunter Reese, and Dannon Wilson.

DRMC Auxiliary supports DRMC Patient C.A.R.E. Fund, American Heart Association, Danville Cancer Association, Free Clinic, Danville Speech and Hearing Clinic, and VAHAV. Our Auxiliary also purchased a paging system for the surgical waiting volunteers to locate/call patient families when surgery is completed.

Submitted by Margaret Barker, President, DRMCA

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VAHAV Officers for 2017

**PRESIDENT:** Patsy Garrett  
**PRESIDENT ELECT:** George Souza  
**CONFERENCE CHAIR:** Diane Glasgow  

The following are serving their 2nd year term and no vote was necessary.

**TREASURER:** Harry Russell  
**RECORDING SECRETARY:** Carolyn Johnson

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VAHAV CONTACT INFORMATION

President: Patsy Garrett, president@vahav.org  
President Elect: George Souza, presidentelect@vahav.org  
Past President: Debbie Sammler, pastpresident@vahav.org  
Treasurer: Harry Russell, treasurer@vahav.org  
Recording Secretary: Carolyn Johnson, recordingsecretary@vahav.org  
Communications: Mary Franklin Ringquist, communications@vahav.org  
Conference Coordinator: Diane Glasgow, conferencecoordinator@vahav.org  
Corresponding Secretary: Alane Lovern, correspondingsecretary@vahav.org  
Emblems: Sharon Younger, emblems@vahav.org
Gift Shop: Jimmi Barnwell, giftship@vahav.org
Historian/Scrapbook: Linda Woods, historianscrapbook@vahav.org
Legislative: George Souza, legislative@vahav.org
Newsletter: Judy Shapleigh, newsletter@vahav.org
Nominating: Debbie Sammler, nominating@vahav.org
Sergeant at Arms: Marion Barnwell, sergeantatarms@vahav.org
Parliamentarian/ByLaws: Carolyn Johnson, parliamentarianbylaws@vahav.org
Leadership Development: Bettie Moores, leadershipdevelopment@vahav.org
Sponsorship: Frank Ringquist, sponsorship@vahav.org
Membership: Rae Martel, membership@vahav.org
Thrift Shop: Joan Proctor, thriftshop@vahav.org
Vendor: Linda Woods, vendor@vahav.org
Webmaster: Theda Foster, webmaster@vahav.org
Capital District Chairman: Diane Glasgow, CapitalDistrict@vahav.org
Hampton Roads District Chairman: vacant, HamptonRoadsDistrict@vahav.org
Northern District Chairman: William Foster, NorthernDistrict@vahav.org
Piedmont District Chairman: Marla McGaugh, PiedmontDistrict@vahav.org
Southwestern District Chairman, Donna Raines, SouthwestDistrict@vahav.org
VHHA Liaison, Jennifer M. Wicker, jwicker@vhha.com

EDITOR’S REMINDER!

Connection Deadlines are December 1, March 1, June 1 and September 1!
Please forward your newsletter articles to: newsletter@vahav.org

George Souza leads the Pledge of Allegiance at the August VAHAV Board meeting.
Left: Jennifer Wicker presents legislative news at the VAHAV Executive Board meeting.